

REACH FOR TOMORROW

Student Packing List

San Diego Trip



One piece of luggage per participant to be checked with the airline; you may also bring one carry-on piece that can fit under your seat which can double as a gym bag or backpack, make sure that each piece has a name tag. Please review new airline/airport security restrictions.

- Reach For Tomorrow t-shirts (6-10)
- Short pants (no cutoffs and no daisy dukes)
- Shower shoes (flip-flops)
- Socks and undergarments
- Swimsuit & Beach towel (ladies one piece)
- One set of sweat clothes
- Pair of jeans or slacks (no skirts)
- Wind breaker or other light jacket
- Pajamas
- Robe and slippers
- Athletic shoes (sneakers – no sandals)
- 2-3 sets of towels and washcloths
- Personal hygiene products (i.e. toothbrush, toothpaste, soap, lotion, deodorant, shampoo, sunscreen, comb & brush)
- Feminine hygiene products
- Prescribed medications
- Some form of bag for dirty clothes (pillow case, grocery bag)
- Backpack
- Picture ID** (motor vehicle picture ID or school ID)
- Suitcase locks** (for while you are at the location)



DO NOT PUT LOCKS ON LUGGAGE – AIRPORT SECURITY WILL DESTROY YOUR LOCK UNLESS IT IS TSA APPROVED

Pack a change of clothes or at least undergarments in your carry-on bag in case luggage is lost or late arriving.

Optional (but recommended)

- | | |
|------------|----------------------|
| Camera | No more than \$30.00 |
| Phone card | Sunglasses |

Electronic equipment is **NOT** permitted. Personal stereos, walkmans, CD players, pagers, cell phones, etc. will be collected, tagged, and returned to the students at the completion of the trip. Students are encouraged to leave all valuables at home. RFT is **not** responsible for any lost, stolen, or damaged items.

Do not bring extra shirts, only Reach for Tomorrow shirts will be worn.

REACH FOR TOMORROW

Packing List for Team Leaders

San Diego Trip



One piece of luggage per participant to be checked with the airline; you may also bring one carry-on piece that can fit under your seat which can double as a gym bag or backpack, make sure that each piece has a name tag. Please review new airline/airport security restrictions. Recommended items, use your best judgement.

- Reach For Tomorrow polo shirts
- Short pants (no cutoffs and no daisy dukes)
- Shower shoes (flip-flops)
- Socks and undergarments
- Swimsuit & Beach towel
- One set of sweat clothes
- Jeans or pants (no skirts)
- Wind breaker or other light jacket
- Pajamas, Robe, and slippers
- Athletic shoes (sneakers – no sandals)
- 2-3 sets of towels and wash cloths
- Personal hygiene products & Prescribed medications
- Alarm clocks
- Trial size hygiene products for students (i.e. toothpaste, lotion, deodorant, soap, female products)
- Drivers License
- Military ID (if applicable)
- Suitcase locks** (for while you are at the location)



DO NOT PUT LOCKS ON LUGGAGE – AIRPORT SECURITY WILL DESTROY YOUR LOCK UNLESS IT IS TSA APPROVED

Optional (but recommended)

- | | | |
|----------------|------------|-------------|
| Camera | Phone card | |
| Souvenir money | Sunglasses | Cell phones |

Electronic equipment is **not** permitted for the students. Team Leaders may bring personal stereos, walkmans, CD players, pagers, etc., but RFT is **not** liable for lost, stolen, or damaged items. Please encourage your students to leave all valuables at home. Laundry facilities are available at most locations, but this will require late nights washing. It is not encouraged, but may be available.

These items are usually available from the Program Manager of the trip:

- Air Freshener (Lysol spray)
- Detergent

Do not bring extra shirts, only Reach for Tomorrow shirts will be worn.